



2019 Minnesota Student Survey Statewide Tables

October 2019

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In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

2019 Minnesota Student Survey

Survey Participation

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (81%) chose to participate. Across the state, approximately 66% of fifth graders, 68% of eighth graders, 66% of ninth graders, and 54% of eleventh graders participated in the 2019 Minnesota Student Survey. Overall participation across the four grades was approximately 64% of total enrollment.

Results from regular public school, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

Mode of Administration

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9 and 11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.**

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 4% of cases were removed from the 2019 survey data.

Online Access to MSS Data

Data from the 2019 Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's [Data Reports and Analytics page](#).

(<http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242>) This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

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TABLE 1A
DEMOGRAPHIC DESCRIPTION

Minnesota Statewide Data

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
Total number of surveys		44,753	100%	44,919	100%	45,232	100%	35,224	100%
What is your biological sex?*	Male	22,530	50%	22,254	50%	22,414	50%	17,707	50%
	Female	21,900	49%	22,546	50%	22,710	50%	17,453	50%
	No answer	323	1%	119	0%	108	0%	64	0%
Age	10 or younger	18,426	41%	0	0%	0	0%	0	0%
	11	25,577	57%	0	0%	0	0%	0	0%
	12	523	1%	72	0%	0	0%	0	0%
	13	25	0%	18,247	41%	79	0%	0	0%
	14	0	0%	25,916	58%	18,047	40%	0	0%
	15	0	0%	587	1%	26,365	58%	56	0%
	16	0	0%	29	0%	627	1%	14,248	40%
	17	0	0%	0	0%	60	0%	20,251	57%
	18	0	0%	0	0%	0	0%	580	2%
	19-20	0	0%	0	0%	0	0%	64	0%
How do you describe yourself? (Mark ALL that apply)	American Indian or Alaskan Native only	1,196	3%	578	1%	601	1%	340	1%
	Asian or Asian American only	2,921	7%	3,082	7%	2,900	6%	2,279	6%
	Black, African or African American only	4,392	10%	3,765	8%	3,612	8%	2,354	7%
	Hispanic or Latino/a only	2,581	6%	2,781	6%	2,886	6%	1,983	6%
	Native Hawaiian or Other Pacific Islander only	140	0%	113	0%	96	0%	62	0%
	White only	27,692	62%	29,914	67%	30,890	68%	25,273	72%
	Multiple races (checked more than one)	3,435	8%	4,230	9%	3,917	9%	2,718	8%
	No answer	2,396	5%	456	1%	330	1%	215	1%

* 5th grade surveys asked "Are you male or female?"

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TABLE 1B
DEMOGRAPHIC DESCRIPTION^

Minnesota Statewide Data

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (If more than one describes you, mark ALL that apply)	Anishinaabe/Ojibwe	859	2%	918	2%	931	2%	594	2%
	Dakota/Lakota	543	1%	392	1%	297	1%	190	1%
	Other tribal affiliation	931	2%	704	2%	681	2%	417	1%
If you are Asian or Asian American, which group best describes you? (If more than one describes you, mark ALL that apply)	Asian Indian	433	1%	505	1%	414	1%	325	1%
	Burmese	43	0%	56	0%	29	0%	27	0%
	Chinese	440	1%	576	1%	524	1%	419	1%
	Filipino	180	0%	250	1%	230	1%	187	1%
	Hmong	999	2%	1,082	2%	1,043	2%	836	2%
	Karen	207	0%	168	0%	148	0%	97	0%
	Korean	324	1%	402	1%	371	1%	260	1%
	Lao	274	1%	296	1%	239	1%	168	0%
	Vietnamese	402	1%	506	1%	459	1%	395	1%
Other Asian	718	2%	751	2%	659	1%	465	1%	
If you are Black, African or African American, which group best describes you? (If more than one describes you, mark ALL that apply)	African American	2,802	6%	2,750	6%	2,519	6%	1,676	5%
	Ethiopian – Oromo	207	0%	185	0%	153	0%	94	0%
	Ethiopian – other	249	1%	235	1%	220	0%	134	0%
	Liberian	231	1%	261	1%	241	1%	186	1%
	Nigerian	201	0%	236	1%	199	0%	145	0%
	Somali	963	2%	1,039	2%	1,067	2%	700	2%
	Other Black, African or African American	1,335	3%	1,168	3%	1,069	2%	708	2%
If you are Hispanic or Latino/Latina, which group best describes you? (If more than one describes you, mark ALL that apply)	Colombian	92	0%	129	0%	110	0%	85	0%
	Ecuadoran	108	0%	132	0%	145	0%	95	0%
	Guatemalan	198	0%	289	1%	253	1%	175	0%
	Mexican	2,230	5%	2,884	6%	2,858	6%	1,969	6%
	Puerto Rican	202	0%	292	1%	290	1%	186	1%
	Salvadoran	193	0%	215	0%	242	1%	143	0%
	Spanish/Spanish-American	1,402	3%	987	2%	777	2%	424	1%
	Other Hispanic or Latino/Latina	447	1%	559	1%	554	1%	378	1%

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 2
SEXUAL ORIENTATION; GENDER IDENTITY; GENDER
EXPRESSION***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?*	Very or mostly feminine		25%	26%
	Somewhat feminine		18%	17%
	Equally feminine and masculine		15%	13%
	Somewhat masculine		16%	16%
	Very or mostly masculine		26%	28%
How do you describe yourself?***^	Heterosexual (straight)		77%	80%
	Bisexual		5%	6%
	Gay or lesbian		1%	2%
	Questioning/not sure		2%	2%
	Pansexual		2%	2%
	Queer		0%	1%
	I don't describe myself in any of these ways		9%	7%
Are you transgender, genderqueer, or genderfluid?^	Yes	1%	1%	1%
	No	91%	93%	95%
	I am not sure about my gender identity	2%	2%	1%
	I am not sure what this question means	6%	4%	3%
	IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do you describe yourself?^^	Male, trans male, trans man, or trans masculine	34%	37%
	Female, trans female, trans woman, or trans feminine	11%	13%	11%
	Non-binary, genderqueer, or genderfluid	46%	41%	42%
	I prefer to describe my gender as something else	9%	9%	7%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask these questions.

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

TABLE 3
SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC PERFORMANCE

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
What is the MAIN thing you plan to do right AFTER high school?*	I don't plan to graduate from high school		1%	1%	0%
	Get my GED		1%	1%	1%
	Go to a two-year community or technical college		7%	10%	17%
	Go to a four-year college or university		66%	67%	65%
	Get a license or certificate in a career field		5%	4%	2%
	Attend an apprenticeship program		0%	1%	1%
	Join the military		4%	5%	4%
	Work at a job		7%	7%	6%
	Other		7%	6%	4%
Has an adult in your school helped you think about education options for after high school (college or other training program)?**^	Yes			62%	77%
	No			38%	23%
Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?**^	Yes			37%	46%
	No			63%	54%
Do you receive special education services as part of an individual education plan or IEP?	Yes	8%	8%	10%	11%
	No	56%	71%	67%	76%
	Not sure	35%	20%	23%	13%
How would you describe your grades this school year?	Mostly A's	37%	47%	46%	43%
	Mostly B's	32%	32%	32%	35%
	Mostly C's	10%	13%	15%	16%
	Mostly D's	2%	3%	4%	4%
	Mostly F's	1%	2%	2%	1%
	Mostly Incompletes	1%	2%	1%	1%
	None of these letter grades	18%	1%	0%	0%

* 5th grade survey did not ask this question.

**5th and 8th grade surveys did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 4
SCHOOL ATTENDANCE[^]**

Minnesota Statewide Data

		Grade			
		5th %	8th %	9th %	11th %
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	46%	46%	49%	44%
	Once or twice	34%	37%	36%	39%
	3 to 5 times	13%	12%	11%	13%
	6 to 9 times	4%	3%	3%	3%
	10 or more times	2%	1%	1%	2%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	50%	43%	44%	38%
	Once or twice	37%	40%	39%	38%
	3 to 5 times	9%	11%	12%	16%
	6 to 9 times	2%	3%	3%	5%
	10 or more times	2%	2%	3%	4%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)	Illness (feeling physically sick), including problems with breathing or your teeth	48%	54%	55%	58%
	Medical, dental or other health-related appointment	34%	47%	47%	44%
	Vacation or trip	18%	16%	15%	15%
	Felt very sad, hopeless, anxious, stressed or angry	6%	10%	13%	17%
	Didn't get enough sleep	10%	13%	15%	23%
	Didn't feel safe at school	2%	2%	2%	2%
	Missed your ride or didn't have a way to get to school	9%	10%	11%	8%
	Had to work	1%	1%	1%	2%
	Had to take care of or help a family member or friend	4%	4%	4%	5%
	Had no place to shower or wash clothes	0%	0%	0%	0%
	Wanted to use alcohol or drugs	0%	1%	1%	1%
	Behind in schoolwork or not prepared for a test or class assignment	2%	4%	6%	13%
	Bored with or not interested in school	2%	6%	7%	12%
	Suspended from school	1%	2%	2%	1%
	Other reason	30%	18%	18%	17%

[^] All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 4A
SCHOOL ATTENDANCE: ONLINE STUDENTS ONLY^**

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 30 days, how many times did you miss scheduled classes?	None	43%	30%	22%	31%
	Once or twice	21%	31%	24%	26%
	3 to 5 times	17%	14%	20%	10%
	6 to 9 times	10%	8%	8%	5%
	10 or more times	5%	8%	5%	6%
	Do not attend scheduled classes	5%	11%	21%	23%
During the last 30 days, how many times did you miss assigned activities?	None	40%	42%	30%	46%
	Once or twice	26%	32%	34%	25%
	3 to 5 times	26%	16%	21%	12%
	6 to 9 times	0%	5%	7%	9%
	10 or more times	9%	6%	7%	7%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed scheduled classes or assigned activities in the last 30 days? (Mark ALL that apply)	Illness (feeling physically sick), including problems with breathing or your teeth	33%	35%	27%	52%
	Medical, dental or other health-related appointment	15%	22%	23%	30%
	Vacation or trip	9%	20%	10%	11%
	Felt very sad, hopeless, anxious, stressed or angry	15%	28%	39%	49%
	Didn't get enough sleep	27%	32%	37%	30%
	Had to work	9%	9%	13%	29%
	Had to take care of or help a family member or friend	6%	15%	15%	18%
	Wanted to use alcohol or drugs	0%	0%	2%	0%
	Behind in schoolwork or not prepared for a test or class assignment	27%	45%	44%	41%
	Bored with or not interested in school	18%	26%	32%	26%
Other reason	52%	27%	29%	17%	

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

TABLE 5 DISCIPLINE; FEELINGS ABOUT SCHOOL

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 30 days, how many times did you get sent out of the classroom for discipline?^	None	84%	86%	92%	96%
	Once or twice	12%	10%	6%	3%
	3 to 5 times	3%	2%	1%	0%
	6 to 9 times	1%	1%	0%	0%
	10 or more times	1%	1%	0%	0%
How often do you care about doing well in school?	All of the time	50%	43%	46%	44%
	Most of the time	37%	42%	40%	41%
	Some of the time	11%	14%	13%	13%
	None of the time	1%	2%	1%	2%
How often do you go to class unprepared?	All of the time	4%	3%	3%	3%
	Most of the time	7%	6%	6%	6%
	Some of the time	43%	41%	43%	45%
	None of the time	46%	50%	48%	46%
How often do you pay attention in class?	All of the time	28%	22%	21%	21%
	Most of the time	61%	65%	65%	65%
	Some of the time	11%	13%	13%	13%
	None of the time	1%	1%	1%	1%

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 6
FEELINGS ABOUT SCHOOL**

Minnesota Statewide Data

<i>How much do you agree or disagree with each of the following statements?</i>		Grade			
		5th %	8th %	9th %	11th %
If something interests me, I try to learn more about it.	Strongly agree	38%	45%	49%	58%
	Agree	57%	53%	49%	41%
	Disagree	4%	2%	2%	1%
	Strongly disagree	1%	0%	0%	0%
I think things I learn at school are useful.	Strongly agree	35%	14%	11%	10%
	Agree	53%	61%	59%	58%
	Disagree	9%	21%	24%	25%
	Strongly disagree	3%	5%	6%	7%
Being a student is one of the most important parts of who I am.	Strongly agree	24%	14%	14%	15%
	Agree	49%	47%	46%	44%
	Disagree	22%	32%	32%	32%
	Strongly disagree	5%	7%	8%	9%
Overall, adults at my school treat students fairly.	Strongly agree	38%	20%	19%	19%
	Agree	46%	56%	59%	60%
	Disagree	12%	19%	17%	16%
	Strongly disagree	4%	6%	5%	5%
Adults at my school listen to the students.	Strongly agree	35%	16%	15%	15%
	Agree	51%	56%	59%	59%
	Disagree	12%	23%	22%	21%
	Strongly disagree	3%	6%	4%	5%
The school rules are fair.	Strongly agree	33%	14%	15%	14%
	Agree	49%	54%	60%	59%
	Disagree	14%	25%	20%	21%
	Strongly disagree	4%	6%	4%	5%
At my school, teachers care about students.	Strongly agree	58%	26%	23%	23%
	Agree	37%	60%	63%	64%
	Disagree	4%	11%	11%	10%
	Strongly disagree	1%	3%	3%	3%
Most teachers at my school are interested in me as a person.	Strongly agree	28%	14%	13%	16%
	Agree	53%	52%	51%	52%
	Disagree	15%	27%	30%	26%
	Strongly disagree	4%	7%	7%	6%

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**TABLE 7A
PRESENCE OF A SCHOOL RESOURCE/POLICE
OFFICER***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
Is there a police officer or School Resource Officer (SRO) at your school?	Yes	68%	78%	83%
	No	10%	5%	7%
	I don't know	22%	17%	10%

* 5th grade survey did not ask this question.

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TABLE 7B INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER*

Minnesota Statewide Data

<i>INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE (SRO) OR POLICE OFFICER AT THEIR SCHOOL</i>		Grade		
		8th	9th	11th
		%	%	%
If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.	Strongly agree	31%	21%	20%
	Agree	45%	45%	43%
	Disagree	19%	26%	28%
	Strongly disagree	5%	8%	10%
I would feel comfortable going to my school's SRO or police officer if I was having problems or needed help.	Strongly agree	19%	17%	19%
	Agree	44%	44%	44%
	Disagree	29%	31%	29%
	Strongly disagree	7%	8%	9%
I think it is a good idea to have an SRO or police officer at our school.	Strongly agree	56%	51%	50%
	Agree	39%	43%	44%
	Disagree	4%	4%	4%
	Strongly disagree	2%	2%	2%

* 5th grade survey did not ask these questions.

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TABLE 8 PERCEPTIONS OF SAFETY

Minnesota Statewide Data

<i>How much do you agree or disagree with each of the following statements?</i>		Grade			
		5th %	8th %	9th %	11th %
I feel safe going to and from school.	Strongly agree	51%	46%	45%	50%
	Agree	42%	48%	49%	45%
	Disagree	5%	5%	5%	4%
	Strongly disagree	1%	1%	1%	1%
I feel safe at school.	Strongly agree	52%	39%	36%	41%
	Agree	40%	51%	53%	49%
	Disagree	6%	9%	9%	8%
	Strongly disagree	2%	2%	2%	2%
I feel safe in my neighborhood.	Strongly agree	54%	55%	54%	58%
	Agree	37%	40%	41%	38%
	Disagree	7%	4%	3%	3%
	Strongly disagree	2%	1%	1%	1%
I feel safe at home.	Strongly agree	75%	67%	66%	69%
	Agree	22%	29%	30%	28%
	Disagree	2%	3%	3%	2%
	Strongly disagree	1%	1%	1%	1%

2019 Minnesota Student Survey

TABLE 9A
AFTER SCHOOL SUPERVISION

Minnesota Statewide Data

During a typical week, how often do you go to the following places after school?		Grade			
		5th	8th	9th	11th
		%	%	%	%
I stay at my school or go to another school	0 days	81%	63%	54%	57%
	1 day	6%	9%	12%	10%
	2 days	5%	6%	7%	7%
	3 to 4 days	3%	7%	8%	8%
	5 days	6%	14%	19%	18%
My home or another home such as a friend's, relative's or neighbor's	0 days	30%	14%	15%	14%
	1 day	16%	13%	12%	11%
	2 days	9%	10%	10%	12%
	3 to 4 days	9%	12%	13%	16%
	5 days	36%	51%	49%	47%
A rec, community or other youth center	0 days	85%	82%	84%	87%
	1 day	6%	8%	7%	6%
	2 days	4%	4%	4%	3%
	3 to 4 days	3%	3%	3%	3%
	5 days	2%	2%	2%	2%
A park or other outdoor space	0 days	67%	68%	72%	77%
	1 day	15%	14%	13%	10%
	2 days	9%	9%	8%	7%
	3 to 4 days	6%	6%	4%	3%
	5 days	4%	3%	3%	2%
A library	0 days	83%	88%	89%	90%
	1 day	12%	8%	7%	6%
	2 days	3%	2%	2%	2%
	3 to 4 days	1%	1%	1%	1%
	5 days	1%	1%	1%	0%
A church, synagogue, mosque, or other spiritual/religious place	0 days	76%	67%	72%	79%
	1 day	17%	25%	21%	16%
	2 days	4%	6%	5%	4%
	3 to 4 days	1%	1%	1%	1%
	5 days	1%	1%	1%	0%
A job*	0 days			86%	50%
	1 day			5%	8%
	2 days			5%	16%
	3 to 4 days			3%	19%
	5 days			2%	6%

* 5th and 8th grade surveys did not ask this question.

2019 Minnesota Student Survey

**TABLE 9B
AFTER SCHOOL SUPERVISION***

Minnesota Statewide Data

		Grade
		5th
		%
During a typical week, how often are you home alone or somewhere unsupervised after school?	0 days	45%
	1 day	22%
	2 days	12%
	3 days	8%
	4 days	4%
	5 days	9%

* Only 5th grade survey asked this question.

2019 Minnesota Student Survey

TABLE 10A BEING BULLIED FOR SPECIFIC REASONS

Minnesota Statewide Data

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
Your race, ethnicity or national origin	Never	88%	86%	87%	90%
	Once or twice	9%	10%	9%	7%
	About once a week	2%	2%	2%	1%
	Several times a week	1%	1%	1%	1%
	Every day	1%	1%	1%	1%
Your religion	Never	92%	93%	93%	93%
	Once or twice	6%	5%	5%	5%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	1%	0%	0%
	Every day	1%	1%	0%	0%
Your gender (being male, female, transgender, etc.)[^]	Never	88%	92%	93%	94%
	Once or twice	8%	5%	5%	4%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	1%	1%	0%
	Every day	2%	1%	1%	1%
Your gender expression (your style, dress, or the way you walk or talk)[*]	Never			82%	87%
	Once or twice			13%	9%
	About once a week			3%	2%
	Several times a week			2%	1%
	Every day			1%	1%

* 5th and 8th grade surveys did not ask this question.

[^] On the 5th grade survey, this item was worded "Your gender (being male or female)".

2019 Minnesota Student Survey

TABLE 10B BEING BULLIED FOR SPECIFIC REASONS

Minnesota Statewide Data

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
Because you are gay, lesbian, or bisexual or because someone thought you were*	Never			92%	94%
	Once or twice			5%	4%
	About once a week			1%	1%
	Several times a week			1%	1%
	Every day			1%	1%
A physical or mental disability	Never	92%	91%	92%	93%
	Once or twice	5%	6%	5%	4%
	About once a week	1%	2%	1%	1%
	Several times a week	1%	1%	1%	1%
	Every day	1%	1%	1%	1%
Your size or weight	Never	76%	74%	77%	82%
	Once or twice	16%	16%	15%	13%
	About once a week	3%	4%	4%	3%
	Several times a week	2%	3%	2%	2%
	Every day	2%	3%	2%	1%
Your physical appearance	Never	77%	68%	72%	78%
	Once or twice	16%	21%	19%	15%
	About once a week	3%	5%	4%	3%
	Several times a week	2%	3%	2%	2%
	Every day	2%	3%	2%	1%

* 5th and 8th grade surveys did not ask this question.

2019 Minnesota Student Survey

**TABLE 11A
BEING CYBERBULLIED**

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^	Never	82%	85%	86%	88%
	Once or twice	14%	11%	11%	9%
	About once a week	2%	2%	2%	1%
	Several times a week	1%	1%	1%	1%
	Every day	1%	1%	1%	1%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 11B
BEING BULLIED OR HARASSED AT SCHOOL**

Minnesota Statewide Data

During the last 30 days, on how many days have other students at school...		Grade			
		5th %	8th %	9th %	11th %
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	72%	84%	89%	94%
	Once or twice	21%	12%	8%	4%
	About once a week	4%	2%	1%	1%
	Several times a week	2%	1%	1%	0%
	Every day	2%	1%	1%	0%
...threatened to beat you up?	Never	78%	84%	88%	93%
	Once or twice	16%	11%	9%	5%
	About once a week	3%	2%	2%	1%
	Several times a week	2%	1%	1%	0%
	Every day	1%	1%	1%	0%
...spread mean rumors or lies about you?	Never	62%	69%	73%	78%
	Once or twice	27%	22%	20%	17%
	About once a week	5%	4%	4%	3%
	Several times a week	3%	3%	2%	1%
	Every day	3%	2%	2%	1%
...made sexual jokes, comments or gestures towards you?*	Never		76%	78%	81%
	Once or twice		15%	14%	12%
	About once a week		4%	4%	3%
	Several times a week		3%	2%	2%
	Every day		3%	2%	2%
...excluded you from friends, other students or activities?	Never	62%	70%	73%	78%
	Once or twice	26%	20%	18%	15%
	About once a week	5%	4%	4%	3%
	Several times a week	3%	3%	2%	2%
	Every day	3%	2%	2%	2%
Bullied once or more in the last 30 days [^]	No	40%	46%	52%	60%
	Yes	60%	54%	48%	40%
Bullied weekly or more in the last 30 days [^]	No	79%	79%	82%	86%
	Yes	21%	21%	18%	14%
Bullied daily in the last 30 days [^]	No	94%	94%	95%	96%
	Yes	6%	6%	5%	4%

* 5th grade survey did not ask this question.

[^] These are computed variables based on combinations of responses to the first five questions on this table.

2019 Minnesota Student Survey

**TABLE 12
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL**

Minnesota Statewide Data

<i>During the last 30 days, how many times at school have YOU...</i>		Grade			
		5th %	8th %	9th %	11th %
...pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?	Never	86%	90%	93%	96%
	Once or twice	12%	8%	5%	3%
	About once a week	1%	1%	1%	0%
	Several times a week	0%	0%	0%	0%
	Every day	0%	0%	0%	0%
...threatened to beat someone up?	Never	92%	89%	91%	93%
	Once or twice	7%	9%	7%	5%
	About once a week	1%	1%	1%	1%
	Several times a week	0%	1%	1%	0%
	Every day	0%	1%	1%	1%
...spread mean rumors or lies about someone else?	Never	91%	92%	93%	94%
	Once or twice	8%	7%	6%	5%
	About once a week	1%	1%	1%	1%
	Several times a week	0%	0%	0%	0%
	Every day	0%	0%	0%	0%
...made sexual jokes, comments or gestures towards someone else?*	Never		90%	89%	91%
	Once or twice		7%	7%	6%
	About once a week		1%	1%	1%
	Several times a week		1%	1%	1%
	Every day		1%	1%	2%
...excluded someone from friends, other students or activities?	Never	85%	86%	88%	91%
	Once or twice	13%	12%	10%	7%
	About once a week	1%	1%	1%	1%
	Several times a week	1%	0%	0%	0%
	Every day	1%	0%	0%	0%

* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 13A
AVAILABILITY OF COMMUNITY PROGRAMS**

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?	Yes	59%	72%	71%	71%
	No	8%	6%	6%	8%
	I don't know what programs are available in my community	33%	22%	23%	21%

2019 Minnesota Student Survey

TABLE 13B ENRICHMENT ACTIVITIES

Minnesota Statewide Data

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams	0 days	46%	41%	44%	51%
	1 day	10%	5%	4%	4%
	2 days	16%	9%	7%	6%
	3 to 4 days	17%	19%	14%	11%
	5 or more days	11%	25%	30%	28%
School sponsored activities or clubs that are not sports, such as drama, music, chess or science club	0 days	80%	78%	76%	70%
	1 day	10%	8%	9%	11%
	2 days	5%	5%	6%	8%
	3 to 4 days	2%	5%	4%	6%
	5 or more days	2%	4%	5%	6%
Tutoring, homework help or academic programs	0 days	86%	88%	89%	86%
	1 day	6%	6%	6%	8%
	2 days	4%	3%	3%	4%
	3 to 4 days	2%	2%	1%	1%
	5 or more days	2%	1%	1%	1%
Leadership activities such as student government, youth councils or committees	0 days	91%	91%	92%	85%
	1 day	5%	6%	5%	10%
	2 days	1%	2%	2%	3%
	3 to 4 days	1%	1%	1%	1%
	5 or more days	1%	1%	0%	1%

2019 Minnesota Student Survey

**TABLE 13C
ENRICHMENT ACTIVITIES**

Minnesota Statewide Data

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
Artistic lessons, such as music or dance	0 days	74%	80%	83%	85%
	1 day	14%	8%	8%	7%
	2 days	6%	4%	4%	3%
	3 to 4 days	3%	3%	2%	2%
	5 or more days	3%	3%	3%	3%
Physical activity lessons, such as tennis or karate	0 days	77%	80%	83%	86%
	1 day	7%	5%	4%	4%
	2 days	7%	5%	4%	4%
	3 to 4 days	5%	5%	4%	3%
	5 or more days	3%	5%	5%	4%
Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed	0 days	87%	92%	92%	92%
	1 day	8%	5%	5%	5%
	2 days	2%	2%	2%	2%
	3 to 4 days	1%	1%	1%	1%
	5 or more days	1%	1%	1%	1%
Religious activities such as religious services, education or youth group	0 days	78%	65%	69%	76%
	1 day	16%	27%	24%	18%
	2 days	3%	6%	6%	5%
	3 to 4 days	1%	1%	1%	1%
	5 or more days	1%	1%	1%	0%

2019 Minnesota Student Survey

**TABLE 14
QUALITY OF YOUTH ACTIVITIES[^]**

Minnesota Statewide Data

<i>When you spend time doing activities outside of the regular school day, how often do you...</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
...feel safe?	Rarely or never	4%	3%	3%	2%
	Sometimes	12%	7%	7%	6%
	Often	29%	32%	32%	30%
	Very often	55%	58%	58%	62%
...learn skills like teamwork or leadership?	Rarely or never	13%	11%	11%	9%
	Sometimes	29%	27%	27%	24%
	Often	33%	35%	35%	36%
	Very often	26%	26%	27%	31%
...develop trusting relationships with peers your age?	Rarely or never	15%	10%	10%	9%
	Sometimes	27%	24%	24%	22%
	Often	31%	37%	37%	37%
	Very often	27%	30%	30%	33%
...develop trusting relationships with adults?	Rarely or never	18%	14%	13%	10%
	Sometimes	30%	30%	30%	27%
	Often	28%	33%	33%	35%
	Very often	24%	23%	23%	28%
...help make decisions?	Rarely or never	15%	10%	10%	8%
	Sometimes	34%	30%	30%	26%
	Often	31%	37%	38%	39%
	Very often	20%	22%	23%	28%
...do something that gives you joy and energy?	Rarely or never	6%	6%	6%	6%
	Sometimes	15%	15%	17%	17%
	Often	28%	33%	34%	35%
	Very often	52%	47%	43%	42%
...learn skills that you can use in a future job?	Rarely or never	16%	14%	14%	11%
	Sometimes	30%	32%	33%	30%
	Often	26%	29%	30%	31%
	Very often	28%	25%	24%	28%

[^] These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2019 Minnesota Student Survey

**TABLE 15
LIVING SITUATIONS**

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	96%	97%	97%	97%
	Yes, during the last year	1%	1%	1%	1%
	Yes, more than a year ago	2%	2%	2%	2%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)*	No		94%	95%	96%
	Yes, I was with my parents or adult family member		5%	4%	3%
	Yes, I was on my own without any adult family members		1%	1%	1%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL that apply)*	None of my parents or guardians has ever been in jail or prison		83%	83%	85%
	Yes, I have a parent or guardian in jail or prison right now		2%	2%	1%
	Yes, I have had a parent or guardian in jail or prison in the past		16%	16%	14%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?^*	Yes		52%	52%	50%
	No		48%	48%	50%

^ New question in 2019.

* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 16
COMMUNICATION WITH ADULTS**

Minnesota Statewide Data

		Grade			
		5th %	8th %	9th %	11th %
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^	Parent or guardian	90%	83%	81%	80%
	Adult at school	44%	31%	28%	33%
	Some other adult	16%	26%	29%	34%
	I don't have any adults that I can talk to about problems I am having	6%	11%	12%	11%

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 17 PERCEPTIONS OF FAMILY AND OTHERS CARING

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<i>How much do you feel ...</i>					
...your parents care about you?	Not at all	1%	1%	1%	1%
	A little	2%	3%	3%	3%
	Some	4%	6%	7%	7%
	Quite a bit	10%	16%	18%	19%
	Very much	84%	73%	69%	69%
...other adult relatives care about you?	Not at all	1%	2%	2%	2%
	A little	3%	4%	5%	6%
	Some	7%	11%	13%	14%
	Quite a bit	23%	28%	29%	29%
	Very much	66%	55%	51%	49%
...friends care about you?	Not at all	2%	2%	2%	2%
	A little	5%	5%	6%	5%
	Some	14%	16%	17%	18%
	Quite a bit	35%	36%	36%	34%
	Very much	44%	40%	40%	40%
...teachers/other adults at school care about you?	Not at all	4%	8%	8%	6%
	A little	7%	16%	17%	17%
	Some	17%	30%	33%	33%
	Quite a bit	34%	30%	28%	27%
	Very much	38%	17%	15%	16%
...adults in your community care about you?	Not at all	7%	12%	13%	14%
	A little	13%	18%	20%	20%
	Some	24%	29%	30%	29%
	Quite a bit	30%	25%	23%	21%
	Very much	26%	16%	15%	16%

2019 Minnesota Student Survey

**TABLE 18
ADVERSE CHILDHOOD EXPERIENCES***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
Do you live with anyone who drinks too much alcohol?	Yes	10%	11%	12%
	No	90%	89%	88%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	5%	6%	6%
	No	95%	94%	94%
Do you live with anyone who is depressed or has any other mental health issues?^	Yes	24%	27%	29%
	No	76%	73%	71%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	15%	16%	14%
	No	85%	84%	86%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?	Yes	14%	13%	12%
	No	86%	87%	88%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	8%	8%	7%
	No	92%	92%	93%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes?^^	Yes	4%	5%	6%
	No	96%	95%	94%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you?^^	Yes	3%	3%	3%
	No	97%	97%	97%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else?^**	Yes		1%	2%
	No		99%	98%
ACEs Score-short^^^	None	54%	51%	50%
	One	23%	23%	25%
	Two	11%	11%	12%
	Three	6%	6%	7%
	Four or more	7%	8%	7%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ New question in 2019.

^^ Change in question wording from 2016.

^^^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

2019 Minnesota Student Survey

TABLE 19 RELATIONSHIP VIOLENCE*^

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	4%	4%	5%
	No	96%	96%	95%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	9%	10%	15%
	No	91%	90%	85%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?***	Yes		6%	9%
	No		94%	91%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?***	Yes		2%	2%
	No		95%	96%
	Not sure		3%	3%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 20
GENERAL HEALTH AND HEALTH CONDITIONS**

Minnesota Statewide Data

		Grade			
		5th %	8th %	9th %	11th %
How would you describe your health in general?	Excellent	32%	27%	25%	24%
	Very good	37%	39%	38%	37%
	Good	25%	25%	27%	27%
	Fair	5%	8%	9%	9%
	Poor	1%	1%	2%	2%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	14%	15%	15%	15%
	No	86%	85%	85%	85%
Has a doctor or nurse ever told you that you have diabetes? [^]	Yes	1%	1%	1%	1%
	No	99%	99%	99%	99%
Has a doctor or nurse ever told you that you have pre-diabetes? [^]	Yes	1%	1%	2%	2%
	No	99%	99%	98%	98%
Has a doctor or nurse ever told you that you have asthma?	Yes	12%	15%	16%	17%
	No	88%	85%	84%	83%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	4%	5%	4%	4%
	No	96%	95%	96%	96%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*	Yes		21%	23%	26%
	No		79%	77%	74%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight		76%	75%	74%
	Overweight		14%	14%	14%
	Obese		10%	11%	12%

[^] New question in 2019.

* 5th grade survey did not ask this question.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile
Overweight: 85th to less than the 95th percentile
Obese: Equal to or greater than the 95th percentile

2019 Minnesota Student Survey

TABLE 21
RECEIPT OF TREATMENT; ORAL HEALTH

Minnesota Statewide Data

		Grade			
		5th %	8th %	9th %	11th %
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)*	No		80%	77%	73%
	Yes, during the last year		12%	14%	18%
	Yes, more than a year ago		10%	11%	14%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)*	No		98%	98%	98%
	Yes, during the last year		1%	2%	2%
	Yes, more than a year ago		1%	1%	1%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?^	During the last year	83%	85%	84%	82%
	Between 1 and 2 years ago	11%	9%	10%	11%
	More than 2 years ago	4%	4%	5%	5%
	Never	3%	1%	1%	1%
Have you any of the following dental problems during the past 12 months? (Mark ALL that apply)^^^	Toothaches or pain	19%	20%	19%	20%
	Decayed teeth or cavities	14%	12%	13%	14%
	Swollen, painful or bleeding gums	8%	8%	8%	7%
	Could not eat certain foods because of a dental problem	6%	6%	6%	5%
	Missed one or more school days because of a dental problem	8%	7%	6%	5%
	I have not had any of these dental health problems	64%	66%	66%	66%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?^^^	Yes	69%	72%	71%	68%
	No, but I will see a dentist	25%	23%	24%	26%
	No, I am not able to get dental treatment	6%	5%	5%	6%

* 5th grade survey did not ask this question.

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

TABLE 22
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE
Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	12%	8%	9%	14%
	1 day	8%	6%	6%	9%
	2 days	11%	10%	10%	12%
	3 days	13%	14%	13%	14%
	4 days	13%	14%	13%	12%
	5 days	14%	19%	20%	16%
	6 days	8%	11%	12%	10%
	7 days	20%	18%	17%	14%
During a typical school night, how many hours of sleep do you get?	4 hours or less	3%	5%	6%	7%
	5 hours	3%	7%	10%	13%
	6 hours	6%	14%	20%	26%
	7 hours	11%	26%	30%	32%
	8 hours	23%	30%	25%	18%
	9 hours	28%	13%	7%	3%
	10 or more hours	26%	4%	2%	1%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times		97%	97%	96%
	1 or 2 times		1%	1%	2%
	3 to 9 times		1%	1%	1%
	10 to 19 times		0%	0%	1%
	20 to 39 times		0%	0%	0%
	40 or more times		0%	0%	0%

* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 23
EATING MEALS**

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	4%	4%	5%	5%
	No	96%	96%	95%	95%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	4%	12%	14%	14%
	Regular school lunch from the cafeteria	77%	69%	65%	62%
	The a la carte line (buy individual items)	2%	13%	17%	16%
	School store or vending machine	1%	2%	5%	4%
	Fast food restaurant, gas station or somewhere else outside of school	3%	2%	3%	9%
	I bring lunch from home.	36%	30%	28%	30%
Do you currently get free or reduced-price lunch at school?^	Yes	20%	23%	24%	23%
	No	41%	61%	63%	71%
	Not sure	39%	16%	12%	6%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 24A
NUTRITION

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)^	I did NOT eat or drink this	25%	28%	30%	31%
	1 to 3 times in the last 7 days	37%	41%	41%	41%
	4 to 6 times in the last 7 days	12%	12%	12%	12%
	1 time per day	11%	9%	9%	8%
	2 times per day	6%	5%	4%	4%
	3 times per day	3%	2%	1%	1%
	4 or more times per day	5%	3%	2%	2%
During the last 7 days, how many times did you eat fruit? (Do not count fruit juice)^	I did NOT eat or drink this	6%	6%	7%	7%
	1 to 3 times in the last 7 days	23%	26%	27%	29%
	4 to 6 times in the last 7 days	20%	21%	21%	21%
	1 time per day	15%	17%	17%	17%
	2 times per day	15%	16%	16%	15%
	3 times per day	8%	7%	7%	6%
	4 or more times per day	13%	7%	6%	4%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	I did NOT eat or drink this	13%	10%	11%	10%
	1 to 3 times in the last 7 days	28%	28%	29%	30%
	4 to 6 times in the last 7 days	17%	20%	21%	21%
	1 time per day	17%	19%	19%	19%
	2 times per day	11%	13%	13%	13%
	3 times per day	6%	5%	4%	4%
	4 or more times per day	9%	5%	4%	3%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	33%	29%	27%	21%
	1 to 3 times in the last 7 days	53%	61%	62%	65%
	4 to 6 times in the last 7 days	5%	5%	6%	9%
	1 time per day	6%	3%	3%	3%
	2 times per day	1%	1%	1%	1%
	3 times per day	1%	0%	0%	0%
	4 or more times per day	2%	1%	1%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^^	Less than five	76%	83%	85%	88%
	Five or more	24%	17%	15%	12%

^ Change in question wording from 2016.

^^ This is a computed variable based on combinations of responses to the first three questions on this table.

2019 Minnesota Student Survey

TABLE 24B
NUTRITION^

Minnesota Statewide Data

During the last 7 days, how many times did you drink...	Grade				
	5th %	8th %	9th %	11th %	
... a glass of milk?	I did NOT eat or drink this	12%	16%	19%	23%
	1 to 3 times in the last 7 days	17%	19%	20%	20%
	4 to 6 times in the last 7 days	17%	15%	15%	15%
	1 time per day	15%	17%	17%	16%
	2 times per day	15%	16%	15%	14%
	3 times per day	10%	9%	8%	7%
	4 or more times per day	13%	8%	7%	5%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite?	I did NOT eat or drink this	38%	32%	33%	35%
	1 to 3 times in the last 7 days	44%	46%	43%	40%
	4 to 6 times in the last 7 days	6%	10%	11%	12%
	1 time per day	7%	6%	7%	7%
	2 times per day	2%	3%	3%	4%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	1%	1%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade?	I did NOT eat or drink this	54%	53%	53%	55%
	1 to 3 times in the last 7 days	29%	30%	30%	29%
	4 to 6 times in the last 7 days	7%	8%	9%	8%
	1 time per day	5%	5%	5%	4%
	2 times per day	2%	2%	2%	2%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	1%	1%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	91%	85%	82%	79%
	1 to 3 times in the last 7 days	5%	10%	12%	14%
	4 to 6 times in the last 7 days	1%	2%	3%	3%
	1 time per day	1%	2%	2%	2%
	2 times per day	1%	1%	1%	1%
	3 times per day	0%	0%	0%	0%
	4 or more times per day	1%	0%	0%	0%
... a can, bottle or glass of coffee or tea that had sugar, syrups, or honey added to it?	I did NOT eat or drink this	67%	56%	53%	49%
	1 to 3 times in the last 7 days	22%	28%	29%	29%
	4 to 6 times in the last 7 days	4%	7%	8%	10%
	1 time per day	4%	5%	6%	8%
	2 times per day	1%	2%	2%	2%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	1%	1%	1%	1%
... a can, bottle or glass of sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	I did NOT eat or drink this	44%	51%	54%	58%
	1 to 3 times in the last 7 days	36%	34%	32%	29%
	4 to 6 times in the last 7 days	7%	7%	7%	7%
	1 time per day	7%	4%	4%	4%
	2 times per day	2%	2%	1%	1%
	3 times per day	1%	1%	1%	1%
	4 or more times per day	2%	1%	1%	1%
... a bottle or glass of water?	I did NOT eat or drink this	2%	1%	2%	2%
	1 to 3 times in the last 7 days	7%	6%	6%	6%
	4 to 6 times in the last 7 days	12%	10%	10%	9%
	1 time per day	9%	10%	10%	10%
	2 times per day	12%	15%	16%	16%
	3 times per day	13%	18%	18%	20%
	4 or more times per day	45%	41%	39%	38%

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 25
VEHICLE SAFETY[^]**

Minnesota Statewide Data

		Grade			
		5th	8th	9th	11th
		%	%	%	%
When driving a car, truck or SUV, how often do you send or read text messages or emails?*	I don't drive a car, truck or SUV			74%	21%
	I never do this			21%	33%
	Rarely			3%	24%
	Sometimes			1%	14%
	Often			1%	6%
	Always			1%	2%
When driving a car, truck or SUV, how often do you make or answer a phone call?*	I don't drive a car, truck or SUV			74%	20%
	I never do this			18%	22%
	Rarely			4%	25%
	Sometimes			2%	19%
	Often			1%	9%
	Always			1%	5%
How often do you wear a seat belt when you are driving or riding in a car, truck or SUV?	I don't ride in a car, truck or SUV	2%	1%	25%	8%
	I never do this	1%	1%	1%	1%
	Rarely	1%	2%	1%	1%
	Sometimes	4%	5%	3%	2%
	Often	11%	16%	10%	6%
	Always	82%	75%	59%	81%

* 5th and 8th grade surveys did not ask this question.

** On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?".

[^] All questions on this table had wording changes from 2016.

2019 Minnesota Student Survey

TABLE 26A
SELF DESCRIPTION[^]

Minnesota Statewide Data

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	13%	6%	7%	8%
	Somewhat or sometimes	32%	24%	27%	30%
	Very or often	38%	41%	40%	38%
	Extremely or almost always	17%	29%	26%	24%
I feel good about myself.	Not at all or rarely	7%	10%	11%	10%
	Somewhat or sometimes	18%	26%	29%	32%
	Very or often	36%	37%	37%	37%
	Extremely or almost always	39%	26%	23%	21%
I feel good about my future.	Not at all or rarely	5%	6%	8%	9%
	Somewhat or sometimes	17%	22%	26%	30%
	Very or often	36%	38%	38%	37%
	Extremely or almost always	42%	33%	28%	24%
I deal with disappointment without getting too upset.	Not at all or rarely	13%	10%	11%	10%
	Somewhat or sometimes	34%	33%	34%	36%
	Very or often	36%	39%	38%	37%
	Extremely or almost always	17%	18%	17%	17%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	9%	9%	10%	8%
	Somewhat or sometimes	29%	30%	33%	34%
	Very or often	40%	40%	39%	39%
	Extremely or almost always	23%	20%	19%	18%
I am thinking about what my purpose is in life.**	Not at all or rarely	7%	11%	10%	7%
	Somewhat or sometimes	27%	25%	24%	22%
	Very or often	38%	33%	35%	37%
	Extremely or almost always	29%	31%	31%	35%

* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

** On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26B
SELF DESCRIPTION[^]

Minnesota Statewide Data

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th %	8th %	9th %	11th %
I say no to things that are dangerous or unhealthy.	Not at all or rarely	9%	6%	6%	6%
	Somewhat or sometimes	14%	16%	19%	24%
	Very or often	23%	27%	29%	31%
	Extremely or almost always	55%	51%	45%	39%
I build friendships with other people.	Not at all or rarely	6%	5%	5%	5%
	Somewhat or sometimes	23%	24%	25%	25%
	Very or often	39%	42%	41%	42%
	Extremely or almost always	31%	30%	28%	28%
I express my feelings in proper ways.	Not at all or rarely	11%	11%	11%	10%
	Somewhat or sometimes	29%	31%	31%	32%
	Very or often	38%	39%	39%	40%
	Extremely or almost always	22%	20%	19%	19%
I plan ahead and make good choices.	Not at all or rarely	5%	6%	7%	6%
	Somewhat or sometimes	24%	28%	29%	30%
	Very or often	41%	40%	40%	41%
	Extremely or almost always	30%	26%	24%	22%
I stay away from bad influences.	Not at all or rarely	5%	7%	7%	7%
	Somewhat or sometimes	15%	20%	22%	25%
	Very or often	30%	32%	32%	33%
	Extremely or almost always	50%	41%	38%	34%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	6%	5%	5%	4%
	Somewhat or sometimes	20%	23%	23%	21%
	Very or often	36%	41%	42%	43%
	Extremely or almost always	38%	32%	31%	31%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26C
SELF DESCRIPTION[^]

Minnesota Statewide Data

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
I accept people who are different from me.	Not at all or rarely	2%	2%	2%	2%
	Somewhat or sometimes	7%	8%	10%	10%
	Very or often	26%	32%	35%	35%
	Extremely or almost always	65%	58%	53%	53%
I am sensitive to the needs and feelings of others.	Not at all or rarely	8%	7%	7%	5%
	Somewhat or sometimes	22%	22%	22%	20%
	Very or often	35%	37%	38%	39%
	Extremely or almost always	35%	33%	33%	36%
I feel valued and appreciated by others.	Not at all or rarely	7%	9%	9%	8%
	Somewhat or sometimes	22%	27%	29%	31%
	Very or often	38%	39%	40%	39%
	Extremely or almost always	34%	26%	23%	22%
I am included in family tasks and decisions.	Not at all or rarely	5%	6%	6%	7%
	Somewhat or sometimes	17%	20%	22%	23%
	Very or often	36%	39%	40%	40%
	Extremely or almost always	41%	35%	32%	31%
I am given useful roles and responsibilities.	Not at all or rarely	4%	5%	5%	4%
	Somewhat or sometimes	17%	21%	22%	22%
	Very or often	39%	42%	43%	44%
	Extremely or almost always	39%	33%	30%	30%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 27A EMOTIONAL WELL-BEING AND DISTRESS*

Minnesota Statewide Data

<i>Over the last two weeks, how often have you been bothered by...?</i>		Grade		
		8th	9th	11th
		%	%	%
...little interest or pleasure in doing things?	Not at all	53%	49%	45%
	Several days	30%	31%	34%
	More than half the days	10%	11%	12%
	Nearly every day	8%	8%	9%
...feeling down, depressed or hopeless?	Not at all	61%	58%	53%
	Several days	22%	24%	28%
	More than half the days	8%	9%	10%
	Nearly every day	9%	9%	9%
...feeling nervous, anxious or on edge? [^]	Not at all	46%	42%	38%
	Several days	31%	32%	34%
	More than half the days	11%	13%	14%
	Nearly every day	11%	13%	13%
...not being able to stop or control worrying? [^]	Not at all	59%	55%	51%
	Several days	22%	24%	26%
	More than half the days	9%	10%	12%
	Nearly every day	10%	11%	12%

* 5th grade survey did not ask these questions.

[^] New question in 2019.

2019 Minnesota Student Survey

TABLE 27B
EMOTIONAL WELL-BEING AND DISTRESS*

Minnesota Statewide Data

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade
		5th
		%
I worry a lot.	Strongly agree	13%
	Agree	23%
	Neither agree nor disagree	28%
	Disagree	21%
	Strongly disagree	15%
I sometimes feel sad without knowing why.[^]	Strongly agree	16%
	Agree	25%
	Neither agree nor disagree	18%
	Disagree	18%
	Strongly disagree	23%

* Only 5th grade survey asked these questions.

[^] Change in question wording from 2016

2019 Minnesota Student Survey

TABLE 28 SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR*

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?	0 times	81%	82%	85%
	1 or 2 times	9%	8%	7%
	3 to 5 times	4%	4%	4%
	6 to 9 times	2%	2%	2%
	10 to 19 times	2%	1%	1%
	20 or more times	2%	2%	2%
Have you ever seriously considered attempting suicide? (Mark ALL that apply)	No	81%	79%	76%
	Yes, during the last year	13%	13%	13%
	Yes, more than a year ago	10%	12%	16%
Have you ever actually attempted suicide? (Mark ALL that apply)	No	93%	92%	91%
	Yes, during the last year	4%	4%	3%
	Yes, more than a year ago	4%	5%	7%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 29 PROBLEMATIC AND ANTISOCIAL BEHAVIOR

Minnesota Statewide Data

<i>During the last 12 months, how often have you...</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
...run away from home?	Never	95%	94%	94%	95%
	Once or twice	4%	5%	5%	4%
	3 to 5 times	1%	1%	1%	1%
	6 to 9 times	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%
...damaged or destroyed property?	Never	88%	86%	87%	90%
	Once or twice	10%	11%	10%	8%
	3 to 5 times	1%	2%	2%	1%
	6 to 9 times	0%	0%	1%	0%
	10 or more times	1%	1%	0%	0%
...hit or beat up another person?	Never	81%	84%	88%	92%
	Once or twice	14%	12%	9%	6%
	3 to 5 times	3%	2%	2%	1%
	6 to 9 times	1%	1%	1%	0%
	10 or more times	2%	1%	1%	0%
...taken something from a store without paying for it?	Never	95%	91%	90%	88%
	Once or twice	4%	6%	7%	7%
	3 to 5 times	1%	1%	2%	2%
	6 to 9 times	0%	0%	1%	1%
	10 or more times	0%	1%	1%	1%

2019 Minnesota Student Survey

**TABLE 30A
GAMBLING BEHAVIOR***

Minnesota Statewide Data

<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>		Grade		
		8th	9th	11th
		%	%	%
Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling	Not at all	73%	75%	76%
	Less than once a month	16%	15%	14%
	About once a month	6%	5%	5%
	About once a week	3%	2%	2%
	2 to 6 times a week	2%	1%	1%
	Daily	2%	2%	1%
Bought lottery tickets or scratch offs	Not at all	91%	93%	93%
	Less than once a month	6%	5%	4%
	About once a month	2%	1%	1%
	About once a week	1%	0%	0%
	2 to 6 times a week	0%	0%	0%
	Daily	0%	0%	0%
Gambled in a casino	Not at all	98%	98%	98%
	Less than once a month	1%	0%	1%
	About once a month	0%	0%	0%
	About once a week	0%	0%	0%
	2 to 6 times a week	0%	0%	0%
	Daily	1%	1%	1%
Gambled for money online	Not at all	98%	98%	97%
	Less than once a month	1%	1%	1%
	About once a month	0%	1%	1%
	About once a week	0%	0%	0%
	2 to 6 times a week	0%	0%	0%
	Daily	0%	0%	0%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 30B GAMBLING BEHAVIOR*

<i>INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS</i>		Grade		
		8th	9th	11th
		%	%	%
...hidden your gambling/betting from your parents, other family members or teachers?	Never	93%	93%	92%
	Sometimes	4%	4%	4%
	Many times	1%	1%	1%
	All of the time	2%	2%	2%
...felt that you might have a problem with gambling/betting?	Never	96%	95%	95%
	Sometimes	3%	3%	3%
	Many times	1%	1%	1%
	All of the time	1%	1%	1%
...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?	Never	97%	96%	97%
	Sometimes	2%	2%	2%
	Many times	1%	1%	1%
	All of the time	1%	1%	1%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 31
SUMMARY OF SUBSTANCE USE**

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	97%	96%	92%
	Yes	3%	4%	8%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days	No	88%	83%	72%
	Yes	12%	17%	28%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	99%	97%
	Yes	0%	1%	3%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	77%	71%	56%
	Used only alcohol in the past year	9%	12%	19%
	Used alcohol and marijuana in past year, but not other drugs	1%	3%	10%
	Used marijuana or other drugs but not alcohol in the past year	7%	7%	6%
	Used alcohol and marijuana or other drugs in the past year	6%	7%	9%

** These are all computed variables based on combinations of responses to two or more survey items.

2019 Minnesota Student Survey

**TABLE 32
SUBSTANCE ABUSE***

Minnesota Statewide Data

		Grade
		5th
		%
During the last 30 days, have you smoked any cigarettes?	Yes	1%
	No	99%
During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers, and liquor?	Yes	4%
	No	96%
During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?	Yes	1%
	No	99%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	Yes	2%
	No	98%
During the last 12 months, have you used prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^	Yes	2%
	No	98%

* Only the 5th grade survey asked these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 33
TOBACCO USE*

Minnesota Statewide Data

		Grade		
		8th	9th	11th
During the last 30 days, on how many days did you ...		%	%	%
...smoke a cigarette?	0 days	98%	97%	95%
	1 to 2 days	1%	2%	3%
	3 to 9 days	1%	1%	1%
	10 to 19 days	0%	0%	1%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	1%
	...smoke cigars, cigarillos or little cigars?	0 days	99%	98%
1 to 2 days		1%	1%	2%
3 to 9 days		0%	0%	1%
10 to 19 days		0%	0%	0%
20 to 29 days		0%	0%	0%
All 30 days		0%	0%	0%
...use chewing tobacco, snuff or dip?		0 days	99%	98%
	1 to 2 days	1%	1%	1%
	3 to 9 days	0%	0%	1%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
	...vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	89%	84%
1 to 2 days		5%	7%	9%
3 to 9 days		2%	3%	5%
10 to 19 days		2%	2%	3%
20 to 29 days		1%	1%	3%
All 30 days		1%	2%	7%
...use a hookah or a waterpipe to smoke tobacco?		0 days	99%	99%
	1 to 2 days	1%	1%	1%
	3 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
	During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	0 days or no tobacco use	97%	95%
1 to 2 days		2%	2%	4%
3 to 9 days		1%	1%	2%
10 to 19 days		0%	1%	2%
20 to 29 days		0%	0%	1%
All 30 days		0%	0%	1%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?		0 days or no tobacco use	96%	93%
	1 to 2 days	2%	3%	4%
	3 to 9 days	1%	2%	3%
	10 to 19 days	1%	1%	2%
	20 to 29 days	0%	1%	1%
	All 30 days	0%	1%	3%

* 5th grade survey did not ask these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 33A
ACCESS TO E-CIGARETTES*^

Minnesota Statewide Data

INCLUDES ONLY THOSE WHO VAPED OR USED E-CIGARETTES IN THE LAST 30 DAYS		Grade		
		8th	9th	11th
		%	%	%
When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)	I bought it at gas stations or convenience stores	3%	3%	8%
	I bought it at grocery, discount or drug stores	2%	1%	2%
	I bought it on the internet	8%	8%	10%
	I bought it at vape shops or other stores that sell only e-cigarettes	5%	7%	14%
	I got it from friends	71%	76%	72%
	I got it from my parents	5%	3%	3%
	I got it from other family members	18%	12%	8%
	I got it from someone I didn't know	5%	7%	4%
	I got it by getting someone else to buy it for me	17%	19%	22%
	I took it from my home	5%	3%	1%
	I took it from a friend's home	4%	3%	2%
	I took it from stores	2%	1%	1%
	I got it some other way	18%	15%	12%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 34
EXPOSURE TO SECONDHAND SMOKE***

Minnesota Statewide Data

		Grade
		5th
		%
During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?	0 days	79%
	1 or 2 days	13%
	3 or 4 days	3%
	5 or 6 days	1%
	All 7 days	4%
During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?	0 days	86%
	1 or 2 days	8%
	3 or 4 days	3%
	5 or 6 days	1%
	All 7 days	3%

* Only 5th grade survey asked these questions.

2019 Minnesota Student Survey

**TABLE 35
ALCOHOL USE FREQUENCY AND QUANTITY***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	92%	88%	77%
	1 to 2 days	5%	7%	13%
	3 to 5 days	1%	2%	5%
	6 to 9 days	1%	1%	3%
	10 to 19 days	0%	1%	1%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	85%	79%	63%
	1 to 2	9%	11%	14%
	3 to 5	3%	5%	9%
	6 to 9	1%	3%	5%
	10 to 19	1%	2%	5%
	20 to 39	0%	1%	2%
	40 or more	0%	1%	2%
If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?	No alcohol use	87%	81%	65%
	1 glass/can/drink	9%	11%	15%
	2 glasses/cans/drinks	2%	3%	7%
	3 glasses/cans/drinks	1%	2%	5%
	4 glasses/cans/drinks	0%	1%	3%
	5 or more glasses/cans/drinks	1%	2%	5%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^	0 days	98%	96%	89%
	1 day	1%	2%	5%
	2 days	1%	1%	3%
	3 to 5 days	0%	1%	2%
	6 to 9 days	0%	0%	1%
	10 to 19 days	0%	0%	0%
	20 or more days	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Change in question wording from 2016

2019 Minnesota Student Survey

TABLE 36 ACCESS TO ALCOHOL*^

Minnesota Statewide Data

INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS		Grade		
		8th	9th	11th
		%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)	I bought alcohol at gas stations or convenience stores	2%	1%	2%
	I bought alcohol at bars or restaurants	2%	2%	2%
	I bought alcohol at stores	2%	2%	2%
	I bought alcohol on the Internet	2%	1%	1%
	I got alcohol from friends	28%	36%	49%
	I got alcohol from my parents	30%	25%	20%
	I got alcohol from other family members	18%	14%	13%
	I got alcohol by getting someone else to buy for me	7%	9%	19%
	I got alcohol at parties	16%	20%	28%
	I took alcohol from my home	37%	33%	22%
	I took alcohol from a friend's home	8%	9%	5%
	I took alcohol from stores	2%	1%	1%
	I got alcohol some other way	20%	18%	14%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

TABLE 37 USE OF MARIJUANA AND PRESCRIPTION DRUGS*

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0 days	96%	92%	84%
	1 to 2 days	2%	3%	5%
	3 to 5 days	1%	1%	3%
	6 to 9 days	1%	1%	2%
	10 to 19 days	1%	1%	2%
	20 to 29 days	0%	1%	2%
	All 30 days	0%	1%	2%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0	94%	90%	79%
	1 to 2	2%	3%	5%
	3 to 5	1%	2%	3%
	6 to 9	1%	1%	2%
	10 to 19	1%	1%	3%
	20 to 39	0%	1%	2%
	40 or more	1%	2%	5%
During the last 30 days, on how many days did you use prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^	0 days	96%	96%	96%
	1 to 2 days	2%	2%	2%
	3 to 5 days	1%	1%	1%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 38
PRESCRIPTION DRUG USE***

Minnesota Statewide Data

<i>During the last 12 months, on how many occasions (if any) have you used any of the following prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?</i>		Grade		
		8th	9th	11th
		%	%	%
Stimulants such as Amphetamines (bennies, speed, uppers) or diet pills	0	99%	99%	99%
	1 to 2	0%	1%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
ADHD or ADD drugs (Ritalin, Adderall, hyper pills)	0	98%	97%	96%
	1 to 2	1%	1%	2%
	3 to 5	0%	1%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
Pain relievers such as OxyContin, Percocet, Vicodin or others	0	96%	96%	97%
	1 to 2	2%	2%	2%
	3 to 5	1%	1%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
Tranquilizers such as Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)	0	98%	98%	98%
	1 to 2	1%	1%	1%
	3 to 5	0%	0%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 39
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE***

Minnesota Statewide Data

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade		
		8th	9th	11th
		%	%	%
...used LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	99%	98%	97%
	1 to 2	1%	1%	2%
	3 to 5	0%	0%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
...used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	99%	99%	99%
	1 to 2	1%	1%	1%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
...used crack, coke or cocaine in any form?	0	99%	99%	99%
	1 to 2	0%	0%	1%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
...used heroin (smack, junk, China White)?	0	99%	99%	99%
	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 40
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,
SYNTHETIC DRUG AND INHALANT USE***

Minnesota Statewide Data

During the last 12 months, on how many occasions (if any) have you ...		Grade		
		8th %	9th %	11th %
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	99%	99%	99%
	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	0	97%	97%	97%
	1 to 2	2%	2%	1%
	3 to 5	1%	1%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
...used synthetic marijuana (K2, Gold) that you took only to get high?^	0	98%	97%	97%
	1 to 2	1%	1%	2%
	3 to 5	0%	0%	1%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
...used any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high?^	0	99%	99%	99%
	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	98%	98%	99%
	1 to 2	2%	1%	1%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 or more	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Change from 2016 from one question to two.

2019 Minnesota Student Survey

**TABLE 41
PERCEIVED RISK OF HARM FROM SUBSTANCE USE***

Minnesota Statewide Data

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade		
		8th	9th	11th
		%	%	%
...smoke one or more packs of cigarettes per day?	No risk	12%	12%	11%
	Slight risk	8%	8%	7%
	Moderate risk	19%	20%	16%
	Great risk	61%	60%	66%
...have five or more drinks of an alcoholic beverage once or twice per week?	No risk	13%	12%	11%
	Slight risk	16%	16%	17%
	Moderate risk	32%	32%	32%
	Great risk	40%	40%	40%
...use marijuana once or twice per week?	No risk	19%	23%	30%
	Slight risk	19%	24%	28%
	Moderate risk	25%	24%	21%
	Great risk	36%	29%	21%
...use prescription drugs not prescribed for them?	No risk	12%	11%	9%
	Slight risk	8%	9%	9%
	Moderate risk	25%	27%	27%
	Great risk	55%	53%	55%
...vape or use e-cigarettes?^	No risk	16%	16%	16%
	Slight risk	24%	27%	32%
	Moderate risk	28%	28%	28%
	Great risk	33%	29%	24%

* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 42A
PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	4%	4%	4%
	A little bit wrong	2%	2%	3%
	Wrong	10%	12%	13%
	Very wrong	84%	82%	80%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	5%	4%	5%
	A little bit wrong	4%	4%	6%
	Wrong	11%	13%	16%
	Very wrong	81%	78%	73%
How wrong do your parents feel it would be for you to use marijuana?	Not at all wrong	5%	6%	7%
	A little bit wrong	4%	6%	9%
	Wrong	9%	12%	15%
	Very wrong	82%	77%	69%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	4%	4%	4%
	A little bit wrong	1%	2%	2%
	Wrong	8%	9%	10%
	Very wrong	87%	85%	84%
How wrong do your parents feel it would be for you to vape or use e-cigarettes?^	Not at all wrong	5%	5%	6%
	A little bit wrong	5%	6%	9%
	Wrong	13%	16%	19%
	Very wrong	77%	73%	66%

* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 42B
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE*
Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	6%	7%	10%
	A little bit wrong	8%	10%	13%
	Wrong	23%	25%	25%
	Very wrong	63%	57%	52%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	7%	9%	13%
	A little bit wrong	9%	13%	18%
	Wrong	23%	25%	27%
	Very wrong	61%	52%	42%
How wrong do your friends feel it would be for you to use marijuana?	Not at all wrong	11%	16%	28%
	A little bit wrong	10%	15%	20%
	Wrong	19%	21%	19%
	Very wrong	60%	49%	33%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	6%	7%	8%
	A little bit wrong	6%	8%	10%
	Wrong	20%	23%	25%
	Very wrong	67%	61%	57%
How wrong do your friends feel it would be for you to vape or use e-cigarettes? [^]	Not at all wrong	15%	21%	33%
	A little bit wrong	15%	18%	22%
	Wrong	21%	20%	17%
	Very wrong	49%	40%	28%

* 5th grade survey did not ask these questions.

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 43
PERCEPTIONS ABOUT ALCOHOL USE***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
		%	%	%
How do you feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	62%	57%	50%
	Agree	25%	29%	33%
	Neither agree nor disagree	8%	10%	13%
	Disagree	1%	1%	2%
	Strongly disagree	3%	3%	2%
How do you feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	66%	57%	43%
	Agree	19%	24%	26%
	Neither agree nor disagree	9%	13%	21%
	Disagree	2%	3%	7%
	Strongly disagree	4%	3%	4%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	30%	24%	20%
	Agree	41%	39%	38%
	Neither agree nor disagree	21%	27%	30%
	Disagree	5%	7%	9%
	Strongly disagree	3%	3%	3%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	32%	23%	17%
	Agree	36%	31%	25%
	Neither agree nor disagree	22%	29%	33%
	Disagree	6%	12%	19%
	Strongly disagree	4%	5%	7%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 44
USE OF TOBACCO, ALCOHOL, MARIJUANA
AND E-CIGARETTES***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
<i>How often do you use each of the following?</i>		%	%	%
Tobacco (cigarettes, chew)	Never	96%	94%	90%
	Tried once or twice	2%	3%	4%
	Once or twice a year	1%	1%	2%
	Once a month	0%	1%	1%
	Twice a month	0%	0%	1%
	Once a week	0%	1%	1%
	Daily	0%	0%	1%
Alcohol (beer, wine, liquor)	Never	82%	76%	61%
	Tried once or twice	11%	12%	14%
	Once or twice a year	4%	5%	11%
	Once a month	2%	3%	7%
	Twice a month	1%	2%	5%
	Once a week	1%	1%	2%
	Daily	0%	0%	0%
Marijuana (pot, hash, hash oil)	Never	94%	89%	76%
	Tried once or twice	3%	4%	8%
	Once or twice a year	1%	1%	4%
	Once a month	1%	1%	3%
	Twice a month	1%	1%	3%
	Once a week	1%	1%	3%
	Daily	1%	1%	4%
Vaping device or e-cigarette [^]	Never	84%	78%	65%
	Tried once or twice	8%	10%	12%
	Once or twice a year	2%	2%	3%
	Once a month	1%	2%	3%
	Twice a month	1%	2%	3%
	Once a week	2%	3%	5%
	Daily	2%	4%	9%

* 5th grade survey did not ask these questions.

[^] New question in 2019.

2019 Minnesota Student Survey

**TABLE 45
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL,
MARIJUANA AND E-CIGARETTES***

Minnesota Statewide Data

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade		
		8th	9th	11th
		%	%	%
Tobacco (cigarettes, chew)	Never	54%	33%	27%
	Tried once or twice	25%	26%	24%
	Once or twice a year	5%	7%	8%
	Once a month	5%	9%	9%
	Twice a month	3%	5%	6%
	Once a week	4%	10%	12%
	Daily	4%	10%	14%
Alcohol (beer, wine, liquor)	Never	38%	20%	14%
	Tried once or twice	28%	19%	11%
	Once or twice a year	10%	10%	8%
	Once a month	9%	13%	14%
	Twice a month	6%	12%	16%
	Once a week	7%	17%	27%
	Daily	4%	9%	11%
Marijuana (pot, hash, hash oil)	Never	50%	25%	17%
	Tried once or twice	20%	17%	12%
	Once or twice a year	6%	7%	6%
	Once a month	6%	10%	10%
	Twice a month	5%	9%	11%
	Once a week	7%	16%	22%
	Daily	6%	16%	23%
Vaping device or e-cigarette [^]	Never	27%	15%	12%
	Tried once or twice	21%	12%	8%
	Once or twice a year	5%	3%	2%
	Once a month	7%	6%	5%
	Twice a month	5%	5%	4%
	Once a week	12%	14%	14%
	Daily	23%	45%	55%

* 5th grade survey did not ask these questions.

[^] New question in 2019.

2019 Minnesota Student Survey

TABLE 46A
CONSEQUENCES OF SUBSTANCE USE*

Minnesota Statewide Data

		Grade		
		8th	9th	11th
<i>During the last 12 months ...</i>		%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	Did not use past 12 months	77%	72%	57%
	Yes	3%	4%	7%
	No	20%	24%	36%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	Did not use past 12 months	78%	73%	57%
	Yes	2%	3%	4%
	No	20%	25%	39%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	78%	73%	57%
	Yes	2%	3%	4%
	No	20%	24%	38%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	78%	73%	57%
	Yes	3%	4%	6%
	No	19%	23%	37%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	Did not use past 12 months	78%	73%	57%
	0 times	20%	23%	35%
	1 time	1%	2%	3%
	2 times	0%	1%	1%
	3 or more times	1%	1%	3%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	Did not use past 12 months	78%	73%	57%
	0 times	21%	25%	39%
	1 time	1%	1%	1%
	2 times	0%	0%	1%
	3 or more times	0%	1%	1%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	Did not use past 12 months	78%	73%	57%
	0 times	21%	26%	40%
	1 time	1%	1%	1%
	2 times	0%	0%	1%
	3 or more times	0%	0%	1%

* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 46B
CONSEQUENCES OF SUBSTANCE USE***

Minnesota Statewide Data

		Grade		
		8th	9th	11th
<i>During the last 12 months, how many times...</i>		%	%	%
...how many times have you driven a motor vehicle after using alcohol or drugs? **	Did not use past 12 months		73%	57%
	0 times		26%	36%
	1 time		1%	3%
	2 times		0%	1%
	3 or more times		0%	3%
...how many times have you hit someone or become violent while using alcohol or drugs?	Did not use past 12 months	78%	73%	57%
	0 times	22%	26%	41%
	1 time	0%	1%	1%
	2 times	0%	0%	0%
	3 or more times	0%	0%	0%
...how many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	Did not use past 12 months	78%	73%	57%
	0 times	20%	23%	34%
	1 time	1%	2%	4%
	2 times	1%	1%	2%
	3 or more times	1%	1%	2%
...how many times have you used more alcohol or drugs than you intended to?	Did not use past 12 months	78%	73%	57%
	0 times	20%	23%	35%
	1 time	1%	2%	4%
	2 times	0%	1%	2%
	3 or more times	1%	1%	2%
...how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Did not use past 12 months	78%	73%	57%
	0 times	19%	23%	35%
	1 time	2%	2%	4%
	2 times	1%	1%	2%
	3 or more times	1%	2%	3%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

2019 Minnesota Student Survey

TABLE 47A SEXUAL BEHAVIOR*

Minnesota Statewide Data

		Grade	
		9th	11th
		%	%
Have you ever had sexual intercourse ('had sex')?	Yes	12%	34%
	No	88%	66%
During the last 12 months, with how many different people have you had sexual intercourse?^	None	90%	68%
	1 person	6%	20%
	2 persons	2%	6%
	3 persons	1%	3%
	4 persons	0%	1%
	5 persons	0%	1%
	6 or more persons	1%	2%

* 5th and 8th grade surveys did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 47B
SEXUAL BEHAVIOR***

Minnesota Statewide Data

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Grade	
		9th	11th
		%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	30%	22%
	Not with every partner	12%	12%
	At least once with every partner	58%	66%
Have you talked with your partner(s) about preventing pregnancy?	Never	26%	17%
	Not with every partner	10%	9%
	At least once with every partner	64%	74%
The LAST time you had sexual intercourse, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^	No method was used to prevent pregnancy	9%	5%
	Birth control pills	33%	45%
	Condoms	63%	63%
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD	7%	14%
	Withdrawal (pull-out)	36%	40%
	Some other method	4%	4%
	Not sure	8%	3%
	The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	64%
	No	36%	37%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?	Yes	16%	13%
	No	84%	87%

* 5th and 8th grade surveys did not ask these questions.

^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".